



BODY BLISS

Day Spa

Operating hours: Monday - Sunday from 8am - 5pm

Body Bliss Treatments

Signature Treatments

Absolute Body Bliss 110min R 820
Relaxing massage with a classic facial & scalp massage

Body Bliss Taster 70min R 520
Relaxing back massage combined with a basic facial, neck & scalp massage

Facial Therapy

Basic Facial 60min R 470
 Classic Facial 80min R 590
 Specialised Facial 90min R 700

Hands & Feet

Spa Manicure 45min R 260
 Spa Pedicure 60min R 350
 French Paint 15min R 60
 Normal Paint 15min R 50

Massages

Full Body Massage 60min R 540
 Full Body Massage (outdoor gazebo) ^{NEW} 50min R 480
 Back, Neck & Shoulder 25min R 300
 Back, Neck & Shoulder 45min R 460
 Back Massage (outdoor gazebo) ^{NEW} 20min R 230
 Foot or Hand Massage ^{NEW} 25min R 260
 Foot or Hand Massage (outdoor gazebo) ^{NEW} 20min R 230
 Back & Foot Massage (outdoor gazebo) ^{NEW} 40min R 420
 Hot Stone Therapy & Jacuzzi 80min R 700
 Indian Head Massage 25min R 260

Body Therapy

Detox Body Wrap & Massage 105min R 890
Foil wrap with mud treatment includes massage and scalp treatment
 Salt Glow & Massage 90min R 710
Salt body exfoliation and massage

Jacuzzi Sessions

Per Session 30min R 100

Tinting & Hair Removal

Eyebrow Shape 10min R 90
 Eyelash Tint 15min R 90
 Eyebrow Tint 10min R 90
 Full Leg Wax 45min R 270
 Half Leg Wax 30min R 200
 Bikini or Under Arm Wax 20min R 140
 Lip or Chin Wax 10min R 90

Mens Corner

Mens Facial 45min R 350
 Sports Facial 60min R 470
 Sports Pedicure 60min R 350
 Sports Full Body Massage 60min R 540

Body Bliss Packages

Ultimate Bliss 185min R 1420
Jacuzzi session, detox body wrap, foot massage, hot stone therapy massage And a classic facial

Soothes 45min R 350
Jacuzzi session, back & shoulder massage

Revitalise 165min R 1150
Jacuzzi session, salt wrap, scalp massage, Massage and a basic facial

De-stress 80min R 540
Jacuzzi session, massage and a facial

Unwind 70min R 480
Jacuzzi session, back, neck & shoulder massage and a foot massage

Happy Feet 80min R 390
Jacuzzi Session and a Spa Pedicure

Junior Bliss Packages

Mini Hand Massage 25min R120

Playful Mani 30min R180

Toe Tickling Feet Fun 25min R150

Playful Pedi 30min R200

Junior Head, Neck and Shoulder Massage 20min R120

Junior Bliss treatments are designed specifically for children aged between 5 -16 years.

Parental supervision is required for the duration of the treatment.



THE
KINGDOM
 RESORT

Contact Details:
 The Kingdom Resort (Pilanesberg)
 079 087 6777
 kingdomspa@bodybliss.co.za
 www.bodybliss.co.za

Prices are subject to change