



BODY BLISS

Day Spa

Spa operating hours are Monday to Sunday from 8am to 5pm.

Body Bliss Treatments

Facial Therapy

Basic Facial	60min	R 670
Classic Facial	80min	R 860
Specialised Facial	90min	R 960

Hands and Feet

Spa Manicure	45min	R 360
Spa Pedicure	60min	R 470
French Paint	20min	R 130
Normal Paint	15min	R 110

Massages

Full Body Massage	60min	R 720
Full Body Massage	90min	R 1080
Back, Neck and Shoulder	25min	R 350
Back, Neck and Shoulder	45min	R 600
Back, Neck and Shoulder	60min	R 790
Hand or Foot Massage	25min	R 330
Hot Stone Therapy	60min	R 790
Indian Head Massage	25min	R 350

Tinting and Hair Removal

Eyebrow Shape or Tint	15min	R 110
Eyelash Tint	20min	R 130
Full Leg Wax	45min	R 310
Half Leg or Under Arm Wax	30min	R 220
Bikini Wax	30min	R 220
Chin or Lip Wax	15min	R 110

Men's Corner

Men's Facial	45min	R 560
Sports Facial	60min	R 670
Sports Pedicure	60min	R 470
Sports Full Body Massage	60min	R 720

Poolside Treatments

Full Body Massage	50min	R 500
Back or Hand or Foot Massage	20min	R 220
Back and Foot Massage	30min	R 320

Signature Treatments

Absolute Body Bliss <i>Relaxing back, neck and shoulder massage with a classic facial and scalp massage</i>	110min	R 1240
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Body Bliss Taster <i>Relaxing back, neck and shoulder massage with a basic facial and scalp massage</i>	70min	R 820
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Body Bliss Packages

Ultimate Bliss <i>Detox body polish and wrap, foot massage, hot stone massage with a classic facial</i>	185min	R 1900
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Revitalise <i>Detox body polish and wrap, scalp massage, full body massage with a basic facial</i>	165min	R 1750
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Soothes <i>Back, neck and shoulder massage with a hand massage</i>	45min	R 570
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De-stress <i>Back, neck and shoulder massage with a basic facial</i>	80min	R 890
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Unwind <i>Back, neck and shoulder massage, hand massage and a foot massage</i>	70min	R 670
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Happy Feet <i>Spa pedicure with a foot massage</i>	80min	R 690
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Junior Bliss Packages

Mini Hand Massage	25min	R 200
Playful Mani	30min	R 240
Toe Tickling Feet Fun	25min	R 200
Playful Pedi	30min	R 240
Junior Head, Neck and Shoulder Massage	20min	R 190

Junior Bliss treatments are designed specifically for children aged between 5 - 16 years.

Parental supervision is required for the duration of the treatment.

The Kingdom Resort (Pilanesberg)
079 087 6777



THE
KINGDOM
RESORT

kingdomspa@bodybliss.co.za
www.bodybliss.co.za

Prices are subject to change



Spa Etiquette and Policies

- Booking in advance is recommended.
- Kindly arrive at least 15 minutes prior to your scheduled treatment/s to allow time for you to change. If you are new to our Spa you will also be required to complete our Pre-Consultation form.
- Right of admission is reserved. We reserve the right to deny access to any person we deem to be acting in an inappropriate or unsafe manner.
- Guests younger than 16 years must be accompanied by an adult for the duration of the treatment.
- Junior Bliss treatments (where available) are designed specifically for children aged between 5 -16 years.
- Ensure cellular/mobile phones are switched off during treatments.
- Swimming costume must be worn when using the steam room or hydro bath (where these facilities are available).
- All prices are subject to change without prior notice.
- Products purchased are not refundable.
- Treatments and the use of Body Bliss Day Spa facilities are at the client's own risk. Body Bliss Day Spa will not be held liable for any adverse reactions during or after treatment, or any other injury suffered on the premises.
- Body Bliss Day Spa will not be held liable for the loss or damage to any property of the client. Personal items should be safely stored in private units or the lockers provided.

Cancellations and Late Arrival

Body Bliss Day Spa reserves the right to charge in full for appointments cancelled with less than 24 hours' notice and no-shows. Should cancellation/rescheduling not be made in time, the full treatment fee will apply. Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

The services offered are not a substitute for medical care. Any information provided by the therapist is for educational purposes only and not diagnostically prescriptive in nature.

Consent to Treatment of Minor (if under 18 years of age, parent/guardian must consent): The parent/guardian of a minor will be required to sign consent prior to treatment, authorising the Body Bliss therapist to administer massage, bodywork or somatic techniques to their child or dependent, as agreed at time of treatment.