



BODY BLISS

Day Spa

Spa operating hours are Monday to Sunday from 8am to 5pm.

Body Bliss Treatments

Absolute Body Bliss 110min R 750 5 Points
Relaxing massage with a classic facial & scalp massage

Body Bliss Taster 70min R 480 3 Points
Relaxing back massage combined with a basic facial, neck & scalp massage

Facial Therapy

Basic Facial 60min R 390 3 Points

Classic Facial 80min R 490 3 Points

Specialised Facial 90min R 590 4 Points

Hands & Feet

Spa Manicure 45min R 220 2 Points

Spa Pedicure 60min R 300 2 Points

French Paint 15min R 75 1 Point

Normal Paint 15min R 60 1 Point

Massages

Full Body Massage 60min R 450 3 Points

Back, Neck & Shoulder 25min R 250 2 Points

Back, Neck & Shoulder 45min R 390 3 Points

Foot or Hand Massage 25min R 230 2 Points

Hot Stone Therapy & Steam 60min R 570 4 Points

Indian Head Massage 25min R 230 2 Points

Body Therapy

Detox Body Wrap & Massage 105min R 740 5 Points
Foil wrap with mud treatment includes massage and scalp treatment

Salt Glow & Massage 90min R 600 4 Points
Salt body exfoliation and massage

Steam Room Sessions

Per Session 30min R 75 1 Point

Tinting & Hair Removal

Eyebrow Shape 15min R 75 1 Point

Eyelash Tint 20min R 100 1 Point

Eyebrow Tint 15min R 75 1 Point

Full Leg Wax 45min R 210 2 Points

Half Leg Wax 30min R 150 1 Point

Bikini or Under Arm Wax 30min R 150 1 Point

Lip or Chin Wax 15min R 75 1 Point

Mens Corner

Mens Facial 45min R 290 2 Points

Sports Facial 60min R 390 3 Points

Sports Pedicure 60min R 300 2 Points

Sports Full Body Massage 60min R 450 3 Points

Body Bliss Packages

Ultimate Bliss 185min R 1190 7 Points
Steam session, detox body wrap, foot massage, hot stone therapy massage and a classic facial

Revitalise 165min R 1050 7 Points
Steam session, salt wrap, scalp massage, massage and a basic facial

Soothes 45min R 290 2 Points
Steam session, back & shoulder massage

De-stress 80min R 530 4 Points
Steam session, massage and a facial

Unwind 70min R 480 3 Points
Steam session, back, neck & shoulder massage and a foot massage

Happy Feet 80min R 320 2 Points
Steam session and a spa pedicure

Junior Bliss Packages

Mini Hand Massage 25min R 120 1 Point

Playful Mani 30min R 150 1 Point

Toe Tickling Feet Fun 25min R 120 1 Point

Playful Pedi 30min R 170 1 Point

Junior Head, Neck and Shoulder Massage 20min R 120 1 Point

Junior Bliss treatments are designed specifically for children aged between 5 - 16years!

Parental supervision is required for the duration of the treatment.

Above rates display normal salon rates. Members of The Holiday Club™ get automatic discounts as per below*

Classic Members: 5% Exclusive Members: 10%

Select Members: 5% Prestige Members: 15%

Advantage Members: 10% Optimum Members: 15%

To make a Points booking please call: 0861 THC RES / 0861 842 737

*Please note that The Holiday Club™ discounts are off the cash rates only, not Points.



Contact Details
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Prices are subject to change