



Spa operating hours are Monday to Sunday from 8am to 5pm.

Body Bliss Treatments

Facial Therapy

Basic Facial	60min	R590
Classic Facial	80min	R750
Specialised Facial	90min	R820

Hands and Feet

Spa Manicure	45min	R350
Spa Pedicure	60min	R450
French Paint	20min	R120
Normal Paint	15min	R100

Massages

Full Body Massage	60min	R650
Full Body Massage	90min	R900
Back, Neck and Shoulder	25min	R300
Back, Neck and Shoulder	45min	R520
Back, Neck and Shoulder	60min	R650
Hand or Foot Massage	25min	R280
Hot Stone Therapy	60min	R690
Indian Head Massage	25min	R300

Tinting and Hair Removal

Eyebrow Shape or Tint	15min	R100
Eyelash Tint	20min	R120
Full Leg Wax	45min	R280
Half Leg or Under Arm Wax	30min	R190
Bikini Wax	30min	R200
Chin or Lip Wax	15min	R100

Men's Corner

Men's Facial	45min	R500
Sports Facial	60min	R590
Sports Pedicure	60min	R450
Sports Full Body Massage	60min	R650

Hydrotherapy

Steam Room Session	30min	R150
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Poolside Treatments

Back or Hand or Foot Massage	20min	R190
Back and Foot Massage	30min	R250

Signature Treatments

Absolute Body Bliss	110min	R1080
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Relaxing back, neck and shoulder massage with a classic facial and scalp massage

Body Bliss Taster	70min	R690
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Relaxing back, neck and shoulder massage with a basic facial and scalp massage

Body Bliss Packages

Ultimate Bliss	185min	R1700
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Steam session, detox body polish and wrap, foot massage, hot stone therapy massage with a classic facial

Revitalise	165min	R1500
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Steam session, detox body polish and wrap, scalp massage, full body massage with a basic facial

Soothes	45min	R 380
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Steam session with a back, neck and shoulder massage

De-stress	80min	R 700
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Steam session, back, neck and shoulder massage with a basic facial

Unwind	70min	R 600
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Steam session, back, neck and shoulder massage with a foot massage

Happy Feet	80min	R 470
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Junior Bliss Treatments

Mini Hand Massage	25min	R180
Playful Mani	30min	R220
Toe Tickling Feet Fun	25min	R180
Playful Pedi	30min	R220
Junior Head, Neck and Shoulder Massage	20min	R160

Junior Bliss treatments are designed specifically for children aged between 5 -16 years.

Parental supervision is required for the duration of the treatment.

PLEASE NOTE: WE ARE A CASHLESS FACILITY | CARD PAYMENTS AND MAX MOOLA ACCEPTED

Cayley Lodge (Drakensberg)
036 492 0200



cayleyspa@bodybliss.co.za
www.bodybliss.co.za

Prices are subject to change



Spa Etiquette and Policies

- Booking in advance is recommended.
- Kindly arrive at least 15 minutes prior to your scheduled treatment/s to allow time for you to change. If you are new to our Spa you will also be required to complete our Pre-Consultation form.
- Right of admission is reserved. We reserve the right to deny access to any person we deem to be acting in an inappropriate or unsafe manner.
- Guests younger than 16 years must be accompanied by an adult for the duration of the treatment.
- Junior Bliss treatments (where available) are designed specifically for children aged between 5 -16 years.
- Ensure cellular/mobile phones are switched off during treatments.
- Swimming costume must be worn when using the steam room. (where these facilities are available).
- All prices are subject to change without prior notice.
- Products purchased are not refundable.
- Treatments and the use of Body Bliss Day Spa facilities are at the client's own risk. Body Bliss Day Spa will not be held liable for any adverse reactions during or after treatment, or any other injury suffered on the premises.
- Body Bliss Day Spa will not be held liable for the loss or damage to any property of the client. Personal items should be safely stored in private units or the lockers provided.

Cancellations and Late Arrival

Body Bliss Day Spa reserves the right to charge in full for appointments cancelled with less than 24 hours' notice and no-shows. Should cancellation/rescheduling not be made in time, the full treatment fee will apply. Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

The services offered are not a substitute for medical care. Any information provided by the therapist is for educational purposes only and not diagnostically prescriptive in nature.

Consent to Treatment of Minor (if under 18 years of age, parent/guardian must consent): The parent/guardian of a minor will be required to sign consent prior to treatment, authorising the Body Bliss therapist to administer massage, bodywork or somatic techniques to their child or dependent, as agreed at time of treatment.